



F-1 Student interested in
Bachelor of Health or
Nursing.

Course Requests - Planning Sheet

This is a planning sheet only. Plans can change!



Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 112 Foundational	1. English 122
2. FILA 10	2. FILA 110	2. FILA 120
3. FI Civics	3. FI Anc't Med Hist 112	3. Bio 122
4. FI Career Pathway	4. FI Foundations	4. Chem 122
5. FI Geo 10	5. FI PreCalc 110/ ^{or} Foundations 120	5. Socio 120
6. FI NRF 10	6. Intro to Kine. 120	6. World Issues 120
7. FI Science 10	7. Bio 112	7. Psyc. 120
8. Human Phys. 110	8. Chem 112	8. ECS 110
9. Phys Ed 10	9. Ind. Family Wellness 120	9. ECD 120
10. Music 10	10. Psyc. 110	10. Healthcare 110
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



Student wants to earn AP Capstone Diploma.
 Bachelor of Science/
 Healthcare BOUND This is a planning sheet only. Plans can change!

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. AP Seminar	1. English 121
2. P1E 10	2. ELA 111 Foundational	2. AP Research
3. NRF 10 (Acc'1)	3. AP Psych	3. PIC 1
4. Foundations 110 (Acc'1)	4. Chem 112	4. Physics 121
5. Civics 10	5. Pre Calc 110	5. AP Physics
6. Science 10	6. Pre Calc A 120	6. Calculus 120
7. Career Pathway 10	7. Pre Calc B 120	7. AP Calc.
8. Music 10	8. Physics 112	8. Media Studies 120
9. Psych 110	9. Post Intensive French 110	9. Sport + Rec 120
10. AP Human Geo	10. Modern Hist 112	10. Chem 121
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



F1 Athlete - Physiotherapy

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Grade 10	Grade 11	Grade 12
1. GMF 10 (FSL)	1. FOUNDATIONS 110	1. BIO 122
2. NRE 10 (FSL)	2. CHEM 112	2. CHEM 122
3. ELA FOUNDATIONS 10	3. BIO 112	3. PHYS ED LEADERSHIP
4. FILA 10	4. PRE-CALC 110	4. ELA 122
5. SCI 10 (FSL)	5. FILA 110	5. FILA 120
6. PHYS ED 10	6. STRAT + SPORT 110	6. PRE-CALC 12A
7. INTRO TO APP. TRADES	7. KIN 110	7. PRE-CALC 12B
8. FSL CIVICS 10	8. FSL Mod Hist 112	8. CUL TECH 11
9. FSL CAREER PD	9. ELA Found. 112	9. WELNES PHNSED 110
10. MUSIC 10	10. MAINTENANCE AUTO	10. PSYCHOLOGY 110
Alternates (Please choose 2): ART 10	Alternates (Please choose 2): FRAMING + SHEATHING	Alternates (Please choose 2): SOCIOLOGY 120

FILM 110

FILM 110

HUMAN PHYS 110



TRADES

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Grade 10	Grade 11	Grade 12
1. GME 10	1. FIN+WORK MATH 120	1. NBCC TRADES MATH
2. ELA FOUND 10	2. ELA FOUND 112	2. ELA 122
3. PIF 10	3. GRAPHIC NOVELS	3. MEDIA STUDIES 120
4. INTRO APP. TRADES 110	4. CUL TECH 110	4. CUL TECH 120
5. CIVICS 10	5. WORLD ISSUES 120	5. NUTRITION 120
6. CPD 10	6. WELDING/METALS 110	6. WELDING/METALS 120
7. FIN+WORK MATH 110	7. INT. COMB ENGINES 110	7. POWER TRAIN 110
8. AGRICULTURE 110	8. FORESTRY 110	8. ENTREPRENEURSHIP 110
9. ELECTRICAL WIRING 110	9. FRAMING+SHEATHING 110	9. MILL + CAB 120
10. POPULAR MUSIC 110	10. MAINTENANCE AUTO 120	10. RESIDENTIAL FINISH 120
Alternates (Please choose 2): PHYS ED 10	Alternates (Please choose 2): FLM 110	Alternates (Please choose 2): FLM 110

MUSIC 10

PSYCHOLOGY 110

PSYCHOLOGY 110



Student interested in Trades. Struggles with literacy & numeracy.
 Attending Profile A @ NBCC.
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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 113 Foundational	1. English 123
2. Geo 10	2. English 113 Extend	2. NBCC Skilled Trades Math 120
3. NRF 10	3. Financial Work 110	3. Welding 120
4. Civics 10	4. Modern Hist 113	4. Media Studies 120
5. Career Pathway Des. 10	5. Environmental Geosci 110	5. Res. Fin 120
6. Science 10	6. Forestry 110	6. CAD 110
7. Intro to Skilled Trades 110	7. Main Auto 110	7. Elect. Wiring 110
8. Fram + Sheath 110	8. Welding 110	8. Elect. Wiring 120
9. Visual Arts 10	9. Mill + Cab 120	9. Wellness 110
10. PIF 10	10. Power Train 110	10. Adulting 120
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



Struggling learner. Does not enjoy school.
 Wants to focus on grad. requirements only.
 Direct to Work.

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Grade 10	Grade 11	Grade 12
1. English 10 Foundation	1. English 113 Foundation	1. English 123
2. P1F 10	2. English 113 Extend.	2. Fin Work 120 Math
3. Geo 10	3. Fin Work 110 Math	3. Media Stud. 120
4. Civics 10	4. Modern Hist. 113	4. Adulthing 120
5. Science 10	5. Envi Sci 120	5. Photography 120
6. Music 10	6. Entre. 110	6.
7. Phys Ed 10	7. Hosp + Tour 110	7.
8. Intro to Skilled Trades 110	8. Ind. Family Wellness 110	8. First Aid Full Time
9. Career Pathway 10	9. Visual Arts 110	9.
10. Phys Ed 10	10. Cul Tech 110	10. Work
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



Student wants to be an elementary teacher.

F1
wants coop in
Gr. 12 @ local elem. school.

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 112 Foundational	1. English 12
2. Geo 10 (F1)	2. FILA 110	2. FILA 120
3. NRE 10 (F1)	3. Foundations 110	3. Foundations 120
4. CMCS (F1)	4. Human Phys. 110	4. ECD 120
5. Career Pathway (F1)	5. F1 Modern Hist 112	5. F1 Ind. Family Dyn 120
6. FILA 10	6. F1 Am' Med History 112	6. Sport + Rec 120
7. Science 10	7. Graphic Novels 120	7. Develop + Lead 120
8. English 10 Extend.	8. ECS 110	8. Cul Tech 110
9. Children's Lit 120	9. F1 Psychology 110	9. Visual Arts 110
10. Dance 110	10. Nutrition 120	10. Psych 120
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):

COOP
courses
holder
spots.



Student interested in AP Calculus

Headed to University

Course Requests - Planning Sheet

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 112 Foundational	1. English 122
2. NRF 10 (Accelerated)	2. English 112 Extend.	2. Calculus 120
3. Foundations Math (Acc)	3. Pre Calc 110	3. AP Calculus 120
4. CIVICS	4. Pre Calc A 120	4. Chem 122
5. Career Pathway	5. Pre Calc B 120	5. Physics 122
6. Science 10	6. Physics 112	6. Economics 120
7. P1F 10	7. Chem 112	7. Media Studies 120
8. English 10 Extend	8. Amc. Med. Hist 112	8. Sociology 120
9. Music 10	9. Fin. Accounting 120	9. Welding 110
10. Entrepreneurship 110	10. Psychology 110	10. Outdoor Ed 110
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



French Immersion Student
 interested in Engineering
 headed to University or College.

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 112 Foundational	1. English 122
2. FI NRF (Accelerated)	2. FI Pre-Calc 110	2. Pre Calc B
3. FI Foundations Math 110	3. Pre Calc A 120	3. Calculus 120
4. FI Civics	4. FI Modern History 112	4. Chem 122
5. FI Career Pathway	5. Chemistry 112	5. Physics 122
6. FI Science 10	6. Physics 112	6. Visual Arts 120
7. FILA 10	7. FILA 110	7. FILA 120
8. Visual Arts 10	8. CAD 110	8. Sport + Rec. 120
9. Phys Ed 10	9. Comp. Sci 110	9. Housing + Design 120
10. Info to Skilled Trades 110	10. Visual Arts 110	10. Framing + Sheath 110
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



Student who loves Fine Arts
Will attend BFA
program.

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 111 Foundational	1. English 121
2. English 10 Extend.	2. English 11 Extend.	2. Visual Arts 120
3. GEO 10	3. Foundations 110	3. Psychology 120
4. NRE 10	4. Visual Arts 110	4. Children's Lit 120
5. Science 10	5. Dramatic Arts 110	5. Housing + Design 110
6. PIF 10	6. Modern Hist. 112	6. Popular Music 110
7. Career Pathway 10	7. Graphic Art + Design 110	7. Music 112
8. Visual Arts 10	8. Fashion Tech 110	8. Music 122
9. Music 10	9. Env Sci 120	9. Dance 110
10. Digital Production 120	10. Sociology 120	10. Media Studies 120
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):



Student who doesn't know what they want to study, but they know they want to go to university.

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Grade 10	Grade 11	Grade 12
1. English 10 Foundational	1. English 11 Foundational	1. English 122
2. Geo 10	2. Foundations 110	2. Pre Calc A
3. NKF 10	3. Pre Calc 110	3. Pre Calc B
4. Civics 10	4. Modern Hist. 112	4. Post Intensive French 110
5. PLE 10	5. English 11 Extend	5. World Issues 120
6. English 10 Extend.	6. Chem 112	6. Law 120
7. Science 10	7. Journalism 120	7. Sociology 120
8. Bio 112	8. Psychology 110	8. Bio 122
9. Visual Arts 120	9. Gender Studies 120	9. Chem 122
10. Music 120	10. Stephen King 110	10. Psychology 120
Alternates (Please choose 2):		
Alternates (Please choose 2):	Alternates (Please choose 2):	Alternates (Please choose 2):